

Session Topic:

Session Date:

CoLab Contact(s):

**3.  
Now  
what?**

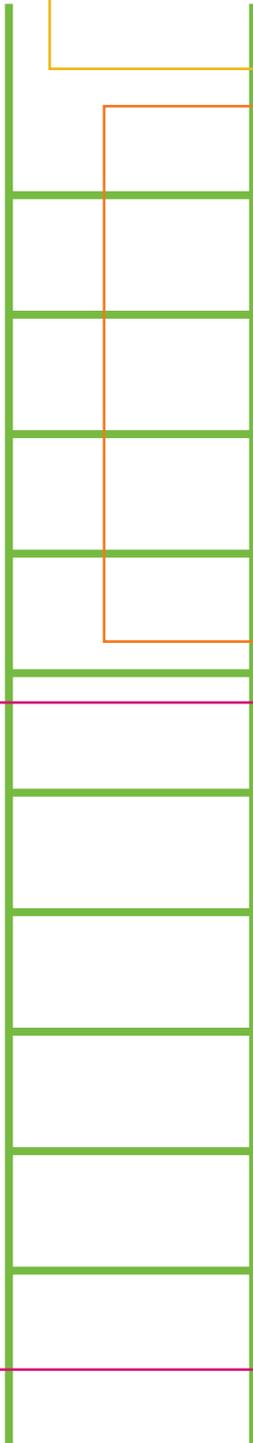
What actions does it make sense for you to do now, with this new knowledge?

**2.  
What  
makes  
those  
observations  
important  
to you?**

What makes your observations important or meaningful?

**1.  
What  
happened  
today?**

What did you notice? What facts and observations stand out to you?



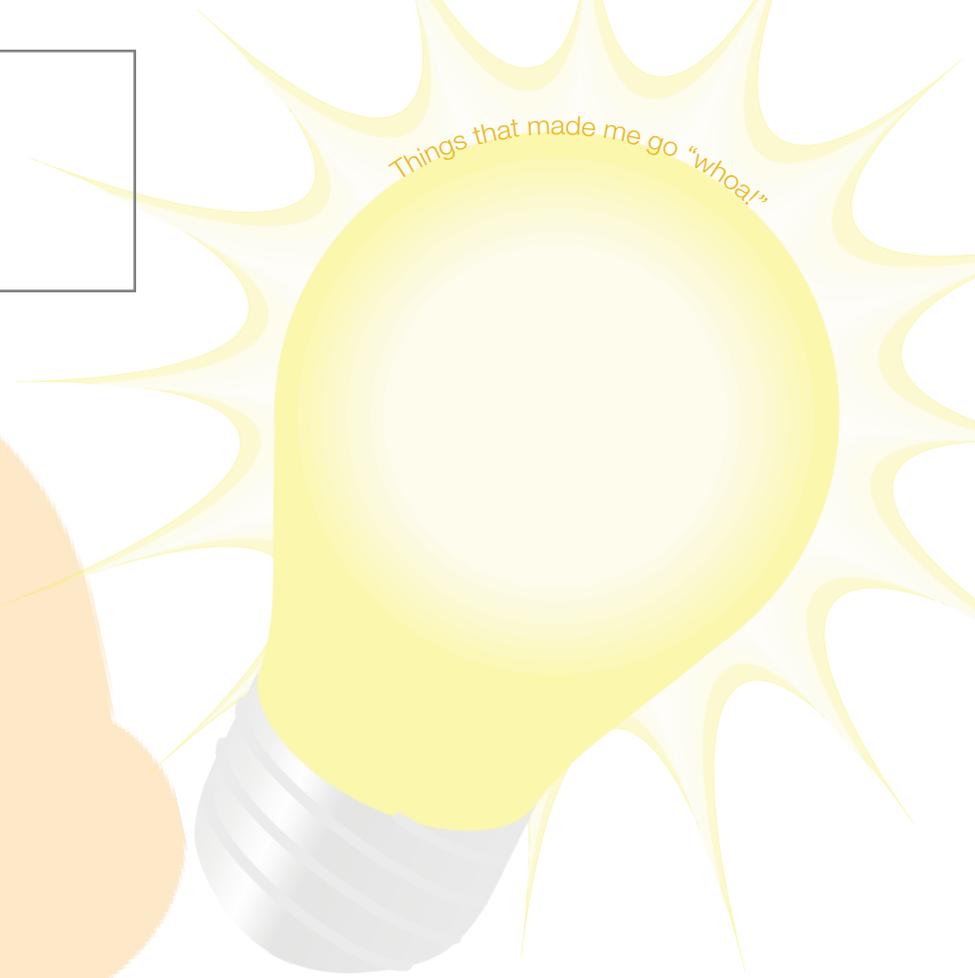
Remember:



Things I'm wondering about...



Things that made me go "whoa!"



My most important learnings from this session are:



How might I apply concepts I learned today to my work?

Empty space for writing answers to the question: "How might I apply concepts I learned today to my work?"

Empty space for writing answers to the question: "My most important learnings from this session are:"